



How to understand the dosage instructions

Written on prescription	Meaning
1d	Once daily
2d	2 Times Daily
3d	3 Times Daily
4d	4 Times Daily
Eod	Alternate morning
1dalt	Alternate morning of 2 medicines
E2d	2 Day Interval
E3d	Every 3rd day in the morning of the week
E5d	Every 5th day in the morning of the week
E7d	Every 7th day in the morning of the week
E10d	Every 10th day in the morning of the month
E21d	Every 21st day in the morning of the month
E1m	Every 1 month in the morning
E2h	Every 2 hour interval
E3h	Every 3 hour interval
E1h	Every 1 hour interval
E30m	Every 30 minute interval
E15m	Every 15 minute interval
E10m	Every 10 minute interval
E5m	Every 5 minute interval
E3halt	Every 3 hour alternately of 2 medicines
E2halt	Every 2 hour alternately of 2 medicines
E1halt	Every 1 hour alternately of 2 medicines
Bem	Before meal
2dbm	2 times 15 minutes before meal